



INTRODUCTION

Events of 2020, including COVID-19, the ongoing climate crisis, and the Black Lives Matter movement, have exposed deep rooted and systematic inequalities in our society. It is time for healing and transformation, time to build a fairer, more equal and sustainable world, so that we may look ahead with hope.

Pope Francis calls us to 'prepare the future', not passively 'prepare for the future'. We can 'build back better' for communities, families and for God's creation. Young people can be prophets of change, lights of hope in the world – they are already doing great things. In youth ministry it is our role to accompany them on this journey and help them envision, and create, the world of tomorrow.

What is it?

This resource, made up of 12 units, includes reflections, questions for discussion, prayers and useful links. We hope it will help educators and youth ministers in their work, supporting young people to collectively reflect on what has happened and what lies ahead, keeping the Gospel as our source of hope and inspiration.

Please feel free to use the resource however is best for your young people. Over the next weeks we will continue to develop it and would welcome additional relevant resources, such as video or PowerPoint presentations.

Contents

- 1 **Called to Be** – An opportunity to allow space for listening and for healing
- 2 **Called to Listen** – In the quiet of our hearts we can find/listen to God
- 3 **Called to Faith** – As society appears divided and fractured, we turn to the Gospel
- 4 **Called by the Holy Spirit** – Where is the Holy Spirit drawing you? Your community?
- 5 **Called to Love** – The way through despair is love
- 6 **Called to Relationship** –
 - a. Part One: Renewing our relationship with God; ourselves; one another
 - b. Part Two: Reconciliation
- 7 **Called to Hope** – Embracing the Lord in order to embrace hope
- 8 **Called to Action** – Seeing ourselves as agents of God, of social justice, of compassion, of equality
- 9 **Called to Peace** – No peace without justice
- 10 **Called to Understand** – Being open to understand the interconnectedness of our world
- 11 **Called to Change** – Our conversion
- 12 **Called to Trust** – God is always *already* at work

Please adapt, get creative and share

We will publish the longer 'word' document version of each leaders/young adult unit notes. You are welcome to use this to create your own resources. We are also including the various images we're using on the following pages, for you to copy and paste into your resources.

IT'S TIME FOR YOUNG PEOPLE

Please send us what you create, so we can add your resources to the website. We believe now is a time to share and to equip one another with the materials we need to accompany our young people. Send your resources to info@millionminutes.org.

